What's the best birthday present you've ever received?

What would you think if you were given a cow?

Have you ever had to think differently to overcome a challenge? What did you do?







For example, they might not be able to afford a uniform, or they might have to go to school without breakfast and can't concentrate because they are hungry. What are some things that could stop children in your area from getting the chance to learn? Can you think of something you could do about it?



ELIZABETH

DID YOU KNOW?

Every child has the right to an education. It's part of the Universal Declaration of Human Rights, which has been accepted by 192 countries. Worldwide, one in five kids don't go to school. In Uganda, half of all children don't finish their education.

Communities in Uganda are working hard to change that, and sponsors around the world are helping them. Classrooms and libraries are being built and filled with books, teachers are being trained, and kids like Elizabeth are getting help to study and learn.

Uganda is surrounded on all sides by other countries,

so Ugandans can't go to the beach without travelling internationally!

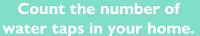
But that doesn't mean there's nowhere to swim, because Uganda is home to Lake Victoria (which also crosses into Kenya and Tanzania). Lake Victoria is Africa's biggest lake, and it's larger than half of the countries in the world! But it's also a bit dangerous because crocodiles and hippos live in it.

Uganda is home to the world's youngest population. In fact, the average age is 15. Most people in Uganda work as farmers, and the official languages are English and Swahili.



How important is water for you?

List 5 ways you and your family use water every day.



How long does it take for you to get to a tap? Imagine what it would be like if there were no taps in your house – where would you go to get water?

How much water does your family use each day?

Brainstorm ways that you and your family can use less water.

DID YOU KNOW?

One out of every 10 people on Earth can't turn on a tap and get clean water at home. But every 10 seconds, one new person gets clean water because of World Vision sponsors and supporters like Addyson. And that's great news — it means kids are more healthy because they aren't constantly sick from drinking dirty water and they can go to school because they aren't carrying water!





Most people in Kenya live in the highlands – in fact, the capital city of Nairobi is 1,700 metres above sea level! But the animals that Kenya is most famous for, like elephants, lions, cheetahs, giraffes, and zebras, prefer to live in the lowland savannahs.

School is free in Kenya, but many kids still can't go because they are busy helping their families to farm, herd cattle, or collect water.

Music and storytelling are traditional ways that people in Kenya pass on their beliefs, history, and customs, and lots of stories are still sung today.







School isn't always fun – but it is really important. What are 5 things you have learned at school?

Not all kids have the chance to learn at school. If you couldn't go to school, what would you miss?

Imagine if you had to earn money to pay to go to school. What jobs would you do?

In some countries, it's common for girls to get married while they are still children. If you had to become a parent now, what would you miss out on?



FAST FACTS ABOUT ZAMBIA



MWILA

Zambia is a country in southern central Africa. It is surrounded by other countries, so you can't get there by sea!

It has a warm, tropical climate and grassy plains with some river valleys. Many people in Zambia work as farmers, but there are often droughts and floods, which makes growing food and raising animals hard.

More than 20 languages are spoken in Zambia, but the official language is English. Lots of people also speak Nyanja and Bemba.

DID YOU KNOW?

Schools in Zambia have three terms.

For kids like Mwila, school is sometimes very different to what you are used to.











Why do you think Nahomy believes that school is so important for kids?

If you had the chance to be the mayor in your community, what issues would you want to focus on?

What do you hope the future will look like in your community?

DID YOU KNOW?

It's not just adults who have great ideas to make their community better! Worldwide, kids like Nahomy are learning about leadership, being good citizens, how to keep children safe, and how to make their voices heard. Sponsors all around the world are empowering children to change their own futures!





in Central America. Most people live in the highlands, but there are also many tropical forests, which are home to lots of colourful butterflies, beetles and birds, as well as snakes, crocodiles, and pumas.

Many people in Honduras love football and the national team is hugely popular! Most people eat cassava (a type of root vegetable), corn, beans and rice. They eat very little meat, because it is expensive and many families live in poverty.





What did you think about Xiaobing's poem? How did it make you feel?

Imagine you couldn't see. How do you think Xiaobing experiences the things she describes?

What do you think you could do to help someone like Xiaobing to feel more comfortable in your school?

DID YOU KNOW?

Worldwide, 1 billion people live with a disability and 8 out of every 10 live in a developing country. That often makes it harder for them to get the support they need to be an active part of their communities, especially if they live in rural areas. But sponsors are helping people with disabilities, like Xiaobing, to overcome the barriers they face.



FAST FACTS ABOUT CHINA



XIA OBING

China has more people than any other country in the world, with a population of 1.4 billion people. That means one in every five people on Earth lives in China!

China covers more than 9.6 million square kilometres. It is also one of the world's biggest countries, and has many different landscapes. There are wild mountains, huge deserts, tropical coastlines – and huge cities.

China has more than 4,000 years of recorded history. The Chinese were some of the first people to use silk, jade, bronze, wood, and paper to make art. Most people in China speak Mandarin, but there are more than 290 languages spoken across the country.





What do you think it would be like to work in a shrimp factory? How would you feel?

What do you think
Akhi's life might be like
today if she gave up
when she was told she
couldn't go back
to school?

Even though she couldn't go to school, Akhi kept finding ways to learn. How do you learn to do new things?

List 3 ways.

DID YOU KNOW?

Worldwide, about 160 million children have to go to work to help earn money for their families. That means they don't get the chance to play or go to school, and it makes it very hard for them to escape from poverty, even when they become adults. But sponsors are helping working kids like Akhi to change their futures.







Bangladesh is a country in South Asia. It shares borders with India and Myanmar.

It is the world's most densely populated countries, with more than 163 million people living in an area about half the size of Germany, New Zealand, or Arizona.

Cricket is the most popular sport in Bangladesh, and in 2020, the youth national cricket team won the men's Under 19 Cricket World Cup! The Muslim festivals of Eid al-Fitr and Eid al-Adha are Bangladesh's biggest festivals, and people celebrate with long holidays and visits to their family.





Why do you think Lenny's job as a nurse is so important?

FAST FACTS ABOUT THE PHILIPPINES

Volunteers in Lenny's community helped her think differently about her future.

Have you ever been helped by someone you didn't know?

What are some ways that you could you help someone else?





DID YOU KNOW?

Sponsors around the world are helping local health workers like Lenny to fight COVID-19 by teaching people how to stay safe, providing health workers with disinfectant, gloves, masks, and other protective gear; giving families soap, masks and sanitiser; and lots of other support. Sponsors are also empowering kids to grow up to be change-makers in their communities like Lenny.

The Philippines is an archipelago, or string of islands, in Southeast Asia. It's made up of more than 7,100 islands and sits between the South China Sea and Pacific Ocean.

The Philippines is home to more than 100 million people and a huge number of different mammals, birds, reptiles, and marine life. It's one of the world's 17 megadiverse countries, which together are home to the most of Earth's plants and animals. But in the Philippines, plants and animals are under threat from forest logging and climate change.

The Philippines was ruled by the Spanish Empire for more than 300 years and that history still influences the country today. Lots of Filipinos have Spanish last names and many parents name their children after the Catholic saint whose feast day is on their child's birthday.





Have you ever been told you couldn't do something when others could? How did you feel?

What do you do when you want to feel brave? List 3 things.

BANGLADESH

Rifa didn't like how girls were treated in her community, so she started speaking up for herself and others. Is there something you would like to change about your community? If so, what could you do to help make the change?

DID YOU KNOW?





Bangladesh is a country in South Asia, right next to India on the Bay of Bengal. It is hot and tropical, with heavy monsoon rain in summer that fills up thousands of waterways criss-crossing its green plains.

Most people in Bangladesh live in rural areas and more than half of the country's people are farmers, growing crops like rice, potatoes, and wheat. Most people speak Bengali and follow the religion of Islam.



In some places in Bangladesh, people don't think that girls are equal to boys. In some families, girls aren't sent to school, so they don't have as many choices for the future. In some families, women and girls are the last to eat at mealtimes, so they don't get enough to eat. In some families and communities, women and girls don't have a say in the decisions that affect them. But things are changing! Sponsors are giving girls, like Rifa, the help they need to make changes in their communities so that girls can be healthy, educated, and leaders too.



Do you like sport? Why do you think playing football was so good for Lina and her friends?

Why do you think Lina's mum thought she wouldn't be a good reader?

The story says that 'reading has opened up a whole new world for Lina'. Why do you think that is? What does reading help you do?

DID YOU KNOW?

Sponsors around the world are helping schools like Lina's to become better places to learn, and they are empowering kids like her to discover the awesomeness of reading, too.

FAST FACTS ABOUT CAMBODIA



Cambodia is a country in Southeast Asia, sitting in between Thailand and Vietnam on the Gulf of Thailand. The weather is hot and humid. Thick forests cover more than half of the country and are home to animals like elephants, monkeys, cobras, and lots of different birds.

The Mekong River, which is the longest river in Southeast Asia, winds its way from the top to bottom of Cambodia.

Cambodia has one of the youngest populations in the region — one-third of the population is under 15! Most people live in rural areas and work, as farmers growing rice and other crops. Buddhism is the main religion but many rural people also follow ancient folk religions.







Count how many times you take a breath in one minute. How important do you think air is to people?

Have you ever had to breathe in polluted air?

Kanishka is taking action to create a cleaner environment in her city by planting trees, educating other people, and asking local leaders to make changes. What are some things you could do to help the environment where you live?

DID YOU KNOW?

People worldwide are feeling the effects of climate change. Some of the most-affected people, like Kanishka, live in crowded communities without safe water, toilets, or waste disposal – these countries are especially impacted by changing weather patterns. But we can all be part of the solution. Sponsors are helping kids like Kanishka spread the word and be a force for change.





FAST FACTS ABOUT INDIA



KANISHKA

India is only about one-third of the size of the United States, but it's home to three times the population, with more than 1.3 billion people.

The climate is mostly warm and tropical, with monsoon rains from June to September each year. The Himalayan mountains, the world's tallest, make up India's northern border, and the Ganges River winds its way across the country.

India is also home to the largest population of cows in the world. Many Indian people consider cows sacred because they symbolise strength and life. In fact, cows can often be found wandering the streets in India with cars driving around them!

